

- Menu

- Beef or Chicken Pot Pies
- Biscuits
- Fruit
- Salad Bar
- Dessert
  - Lemon Bars
- Drinks
  - Soda/Water

Like our brand new  
flooring? We do  
too, and we would  
like to kindly ask  
all of us to be just  
a little more  
careful so as not to  
spill if possible.  
Thank you!

PLEASE

**SILENCE**

YOUR CELL PHONE



# Follow us for Updates!

Please like and follow our Face Book Page

<https://www.facebook.com/profile.php?id=61570411467592>



# UPCOMING TOPICS/SPEAKERS

- ✓ March 17, 2026 – Lockout Tagout
- ✓ April 21, 2026 – Driver Safety
- ✓ May 19, 2026 – Human Trafficking

*Dates are also located on the Black Swamp Safety Council Website*



# MEETING ATTENDANCE CREDIT

In order to qualify for meeting attendance credit, an employer representative must sign in and attend the **ENTIRE** meeting.

- Lunch begins at 11:20-11:30 AM.
- The presentation starts at 12:00 PM and ends at 1:00 PM.
- The Black Swamp steering committee has the final authority to determine whether or not an employer receives credit based on their **arrival and departure** times.

**\*Please plan accordingly, if you choose to Pay at the Door and then do not show up,  
you will be charged/invoiced for the meal(s).\***



**Bureau of Workers'  
Compensation**

# FEBRUARY SAFETY COUNCIL UPDATE

Black Swamp Safety Council

**Dayna Noble**

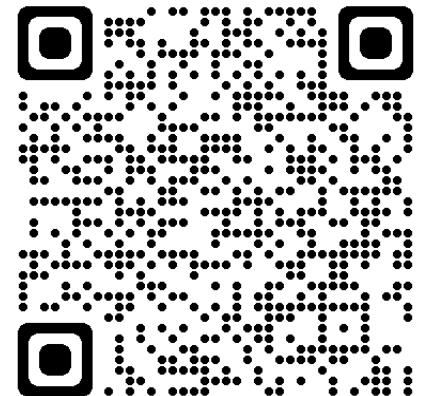
Safety Consultant

Toledo Service Office

567-204-8917

[Dayna.N.1@bwc.ohio.gov](mailto:Dayna.N.1@bwc.ohio.gov)

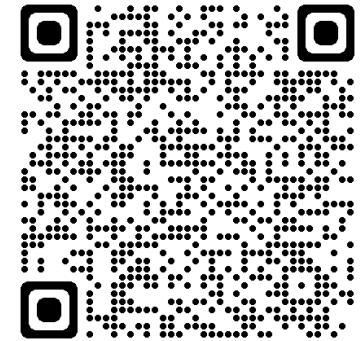
[bwc.ohio.gov](http://bwc.ohio.gov)



# MONTHLY LEARNING FEBRUARY - CONTINUED

**Feb. 19** - First aid in the workplace  
*Canton Service Office*

**Feb. 25** - Tree work essentials: Chainsaws,  
chippers, and other safety concerns  
*Edison State Community College, Piqua, OH*



[bwlearningcenter.com](http://bwlearningcenter.com)

 In-person classes and  
virtual training classes  
(VTC) qualify for Safety  
Council rebate external  
training credits.



# MONTHLY LEARNING MARCH

**March 4 - Electrical basics**

*Can ton Service Office*

**March 4 - Lockout/tagout and safety-related work practices**

*Can ton Service Office*

**March 17-18 - Industrial ventilation**

*Cincinnati/Springdale Service Office*



[bwlearningcenter.com](http://bwlearningcenter.com)



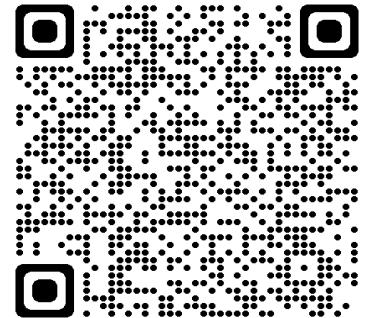
In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# MONTHLY LEARNING MARCH - CONTINUED

**March 17 - Safety for the non-safety professional**

*Mid-Ohio Conference Center (MOCC), Mansfield, OH*



[bwlearningcenter.com](http://bwlearningcenter.com)

**March 18 - Combustible dust hazards: Recognition, evaluation and control recommendations**

*Canton Service Office*

**March 18 - Electrical safety in the workplace through insight and implementation of NFPA 70E**

*Independent Electrical Contractors (IEC), Columbus, OH*



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



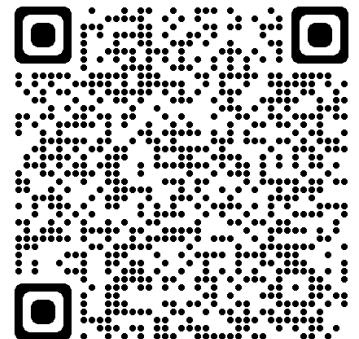
# MONTHLY LEARNING MARCH - CONTINUED

**March 23-27** - Hazardous waste operations and emergency response 40-hour

*Del-Co Water Co. Wolf Event Center 201, Delaware, OH*

**March 25-26** - OSHA 10: Industry safety basics

*Edison State Community College, Piqua, OH*



[bwlearningcenter.com](http://bwlearningcenter.com)



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# MONTHLY LEARNING MARCH - CONTINUED

**March 25** - Tree work essentials: Chainsaws, chippers, and other safety concerns

*Independent Electrical Contractors (IEC), Columbus, OH*

**March 25** - Emergency preparedness planning half-day workshop

*Indiana Wesleyan University, Independence, OH*



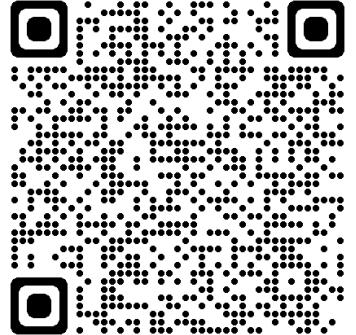
[bwlearningcenter.com](http://bwlearningcenter.com)



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# VIRTUAL TRAINING FEBRUARY - CONTINUED



- **Feb. 19** - Hazardous waste operations and emergency response awareness
- **Feb. 24-26** - Trenching and excavation
- **Feb. 25** - Ergonomic risk factors: Understanding and identifying



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# VIRTUAL TRAINING MARCH

- **March 4** - High hazard emphasis inspections: Be prepared when PERRP shows up at your doorstep
- **March 5** - Crisis de-escalation tactics and safe work practices workshop
- **March 17** - Hazard communication half-day workshop

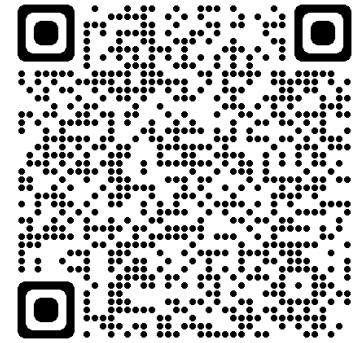


In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# VIRTUAL TRAINING MARCH

- **March 24** - Health hazards and toxicology fundamentals workshop
- **March 26** - Accident analysis half-day workshop
- **March 31** - Safety series workshop module 5: Electrical safety and LOTO basics



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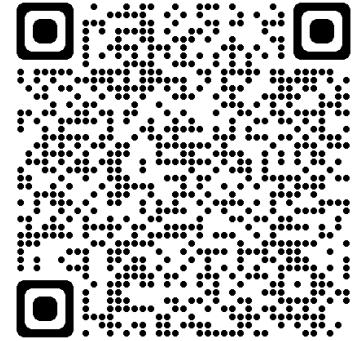


In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.



# WEBINARS – FEBRUARY AND MARCH

- **February** – No webinars
- **March** – No webinars



bwlearningcenter.com



Webinars do not qualify  
for Safety Council  
rebate external training credits.

# PRIVATE EMPLOYER IMPORTANT DATES – FEBRUARY AND MARCH

- **Feb. 28** - Self-Insured assessment payment due - first half
- **Feb. 28** - Self-Insured SI-40 due
- **March 31** - PA Claim Impact Reduction Program (CIRP) training requirement deadline
- **March 31** - PA Substance Use Prevention and Recovery (SUPR) annual report due for preceding July 1 start date
- **March 31** - PA Substance Use Prevention and Recovery (SUPR) Program application deadline for July 1, 2025, start date
- **March 31** - PA last date to request change in PY 2025 estimated annual payroll



# PUBLIC EMPLOYER IMPORTANT DATES –FEBRUARY AND MARCH

- **Feb. 17** - PEC deadline to file settlement application (C-240) to impact EM
- **Feb. 28** - PEC PY 2025 payroll true-up report and payment deadline; there is no grace period
- **March 31** - PEC snapshot date for experience calculation



# OFFICE OF SAFETY SERVICES – WE ARE HERE TO HELP

On-site safety consultations

Workplace hazard assessments

Ergonomics and process safety reviews

Industrial hygiene testing

Training and education courses

Grant opportunities for safety equipment



# Dan Frederick

- Dan Frederick is a lifelong resident of Ayersville, Ohio. He worked as the business manager for the Defiance Medical Clinic for 21 years, and has served as a Firefighter/EMT with the Highland Township Fire Department, and is currently the Retired Chief of the Department and acting Deputy Chief. Dan has 37 years' experience in Public Safety.
- He joined the staff of Four County Career Center as a PT Public Safety instructor in 1995 and was hired as the FT Public Safety Coordinator in 2003.
- Dan is a current senior member of Ayersville School Board & their Foundation board with 12 years' experience. He and his wife Tracy live in Ayersville and have 2 children, daughter Tristen who is a nurse and son Eli who is in Agriculture.

# Rick Busch

- Rich Busch is a resident of Van Wert, Ohio. He worked as a Millwright for General Motors for 30 years. While at GM, he also worked as a part of the industrial fire brigade and as a certified rescue technician on the emergency response team. He became certified as an EMT in 2001, and later gaining his firefighter certification, Advanced EMT, and certification as a Paramedic. He actively runs as a Paramedic with Middle Point FD.
- He became an EMS instructor in 2008 and started teaching at Four County Career Center in 2009. After retiring from GM in 2022, he became a FT Clinical Coordinator and Assistant Public Safety Coordinator at FCCC.
- Dan lives in Van Wert with his wife Candi, and they have 2 adult children and 3 grandchildren.

# Black Swamp Safety Council

February 17, 2026

## First Aid in the Workplace

# Safety in the Workforce with AHA CPR/AED/First Aid and Bloodborne Pathogens

## ► Presenters

**Dan Frederick**

Four County Career Center Public Safety Program Coordinator

**Rick Busch**

Four County Career Center Public Safety Assistant Coordinator

# Disclosure

- This presentation is for informational and educational purposes only.
- The content reflects the presenter's understanding at the time of preparation.
- No part of this presentation should be considered legal, financial, or professional advice.
- All trademarks, logos, and images belong to their respective owners.

# Benefits of First Aid and CPR in the Workforce

- ▶ Save Lives - early CPR can double and triple survival rates
- ▶ Fast Response when an emergency does arise
- ▶ Workplace safety - awareness and hazards and prevention
- ▶ Early intervention - prevents injuries from getting worse
  - ▶ Less time off work
  - ▶ Faster recovery
  - ▶ Lower workers' compensation cost



# Benefits of First Aid and CPR in the Workplace

- ▶ Cost effectiveness for employers
  - ▶ Medical Expenses
  - ▶ Insurance premiums
  - ▶ Loss of productivity



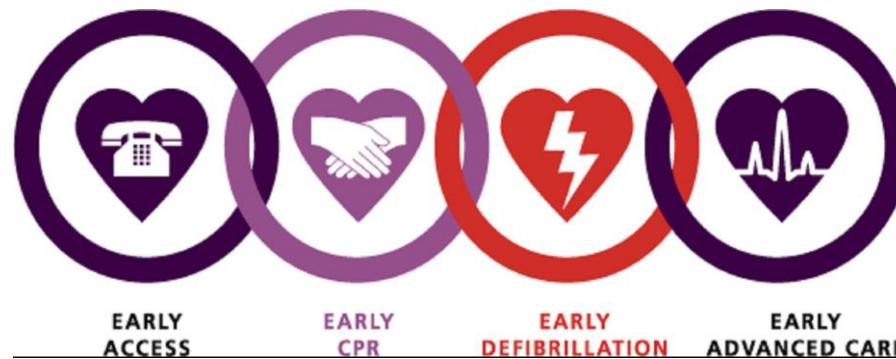
# Benefits of First Aid and CPR in the Workplace

- ▶ Builds confidence and leadership
- ▶ Culture and Morale
- ▶ Legal compliance requirements
- ▶ Beyond the workplace environment
  - ▶ Employees will have the ability to help save lives in the home, public and the community they live



# OSHA Requirements or not required

- ▶ In most workplaces CPR is not universally required
- ▶ OSHA does require CPR in the following industries:
  - ▶ Logging
  - ▶ Electric power generation and distribution
  - ▶ Permit required confined spaces
  - ▶ Specific construction standards



# OSHA requirements or not required

- ▶ Recommends but does not mandate in other workplace environments
- ▶ OSHA does not certify recognized organizations like American Heart Association, American Red Cross
- ▶ If training is conducted must include a “hands on practice/training”
- ▶ Record keeping
  - ▶ Annual training or recommendations by provider organization
  - ▶ Renewal or retraining is a best practice suggestion

# Fun Facts of CPR/First Aid

- ▶ CPR Rhythm is 100-120 beats per minute - the same tempo as the Bee Gee's "Stayin' Alive" or "Another One Bites the Dust" by Queen
- ▶ Formally developed in the 1960s
- ▶ Most cardiac arrest happen in the home or workplace, not hospitals
- ▶ AEDs are designed to be used by untrained people
- ▶ You will need your skills for a coworker or someone you know before a stranger
- ▶ Universal sign for choking is clutching the throat area known world wide
- ▶ Direct Pressure on a bleeding wound is the most effective mean of bleeding control

# Fun Facts of CPR/First Aid

- ▶ Choking
- ▶ Quiz time! Get a prize!
- ▶ What is the number one food item that adults choke on?
- ▶ What is the number two food item that adults choke on?



# Fun Facts about CPR/First Aid

- ▶ Choking
- ▶ Quiz and prize!
- ▶ What is the number one food that children choke on?
- ▶ What is the number two food that children choke on?



# Signs and Symptoms of a Heart Attack

- ▶ Chest pain
- ▶ Arm pain
- ▶ Jaw pain
- ▶ Nausea
- ▶ Sweaty
- ▶ Shortness of breath
- ▶ Indigestion
- ▶ Feeling of doom
- ▶ Females and diabetics are different
- ▶ May have 1, or 2, or all of the symptoms

# Signs and Symptoms of Stroke

- ▶ Numbness or tingling on one side
- ▶ Slurred speech
- ▶ Confusion
- ▶ Visual problems
- ▶ Unable to move one side or weakness on one side
- ▶ Headache
- ▶ Note the time of first sign of deficit

Remember... F.A.S.T.

# Call 911

- ▶ Call 911
- ▶ Call 911
- ▶ Call 911



# Adult CPR Review



# Child CPR Review



# Infant CPR Review



# AED Review



## Question?

- ▶ What is special about February besides Valentine's Day?

# AHA Heart Month and Go Red for Women

- ▶ Each February is designate Heart Month from AHA
- ▶ To bring an awareness of CPR/Prevention/Education



# AHA Heart Month and Go Red for Women

- ▶ Go Red for Women
- ▶ Brings awareness that women have heart conditions
- ▶ Women have different signs and symptoms

# Life's Essential 8 for Women - AHA <sup>tm</sup>

- ▶ Healthy Eating
- ▶ Move your Body
- ▶ Don't be toxic - tobacco use
- ▶ Sleep
- ▶ Weight
- ▶ Cholesterol
- ▶ Blood Sugar
- ▶ Blood Pressure

# Conclusion

- ▶ It was a pleasure presenting to you today
- ▶ What a great group focused on SAFETY!
- ▶ What did you learn today?

# THANK YOU!



Questions?

Questions?

&

Thank you!