

- **Menu**

- Beef or Chicken Pot Pies
- Biscuits
- Fruit
- Salad Bar

- Dessert

- Lemon Bars

- Drinks

- Soda/Water

Like our brand new flooring? We do too, and we would like to kindly ask all of us to be just a little more careful so as not to spill if possible. Thank you!

PLEASE

SILENCE

YOUR CELL PHONE



Follow us for Updates!

Please like and follow our Face Book Page

<https://www.facebook.com/profile.php?id=61570411467592>



UPCOMING TOPICS/SPEAKERS

- ✓ March 17, 2026 – Lockout Tagout
- ✓ April 21, 2026 – Driver Safety
- ✓ May 19, 2026 – Human Trafficking

Dates are also located on the Black Swamp Safety Council Website



MEETING ATTENDANCE CREDIT

In order to qualify for meeting attendance credit, an employer representative must sign in and attend the **ENTIRE** meeting.

- Lunch begins at 11:20-11:30 AM.
- The presentation starts at 12:00 PM and ends at 1:00 PM.
- The Black Swamp steering committee has the final authority to determine whether or not an employer receives credit based on their **arrival and departure** times.

Please plan accordingly, if you choose to Pay at the Door and then do not show up, you will be charged/invoiced for the meal(s).



Dates are also located on the Black Swamp Safety Council Website



Bureau of Workers' Compensation

FEBRUARY SAFETY COUNCIL UPDATE

Black Swamp Safety Council

Dayna Noble

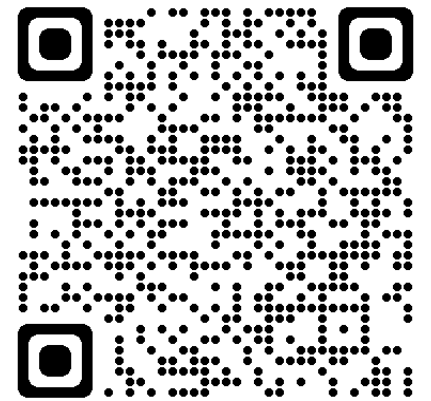
Safety Consultant

Toledo Service Office

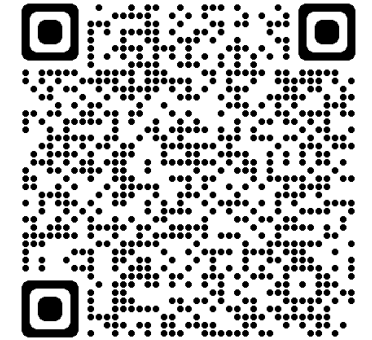
567-204-8917

Dayna.N.1@bwc.ohio.gov

bwc.ohio.gov



MONTHLY LEARNING FEBRUARY - CONTINUED



bwclearningcenter.com

Feb. 19 - First aid in the workplace
Canton Service Office

Feb. 25 - Tree work essentials: Chainsaws,
chippers, and other safety concerns
Edison State Community College, Piqua, OH



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

MONTHLY LEARNING MARCH



bwclearningcenter.com

March 4 - Electrical basics
Canton Service Office

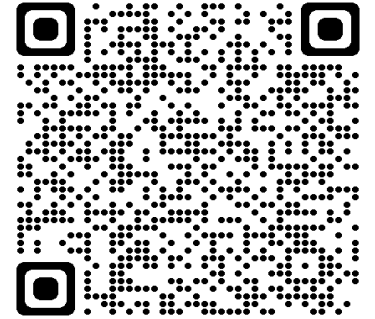
March 4 - Lockout/tagout and safety-related work practices
Canton Service Office

March 17-18 - Industrial ventilation
Cincinnati/Springdale Service Office



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

MONTHLY LEARNING MARCH - CONTINUED



bwclearningcenter.com

March 17 - Safety for the non-safety professional
Mid-Ohio Conference Center (MOCC), Mansfield, OH

March 18 - Combustible dust hazards: Recognition, evaluation and control recommendations
Canton Service Office

March 18 - Electrical safety in the workplace through insight and implementation of NFPA 70E
Independent Electrical Contractors (IEC), Columbus, OH



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

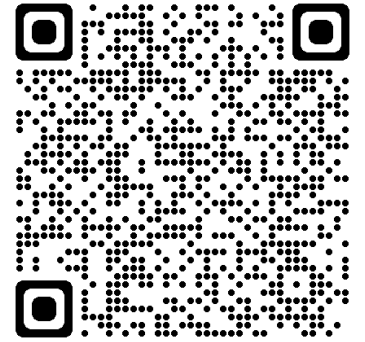
MONTHLY LEARNING MARCH - CONTINUED

March 23-27 - Hazardous waste operations and emergency response 40-hour

Del-Co Water Co. Wolf Event Center 201, Delaware, OH

March 25-26 - OSHA 10: Industry safety basics

Edison State Community College, Piqua, OH



bwclearningcenter.com



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

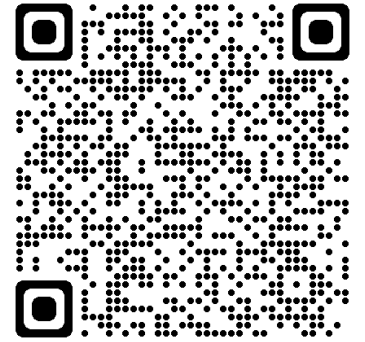
MONTHLY LEARNING MARCH - CONTINUED

March 25 - Tree work essentials: Chainsaws, chippers, and other safety concerns

Independent Electrical Contractors (IEC), Columbus, OH

March 25 - Emergency preparedness planning half-day workshop

Indiana Wesleyan University, Independence, OH

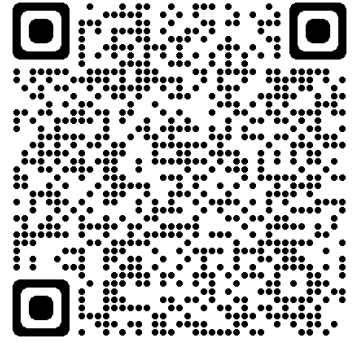


bwclearningcenter.com




In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

VIRTUAL TRAINING FEBRUARY - CONTINUED



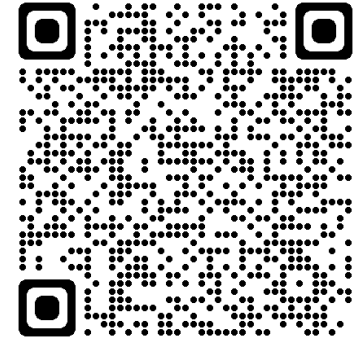
bwclearningcenter.com

- **Feb. 19** - Hazardous waste operations and emergency response awareness
- **Feb. 24-26** - Trenching and excavation
- **Feb. 25** - Ergonomic risk factors: Understanding and identifying

 In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

VIRTUAL TRAINING MARCH

- **March 4** - High hazard emphasis inspections: Be prepared when PERRP shows up at your doorstep
- **March 5** - Crisis de-escalation tactics and safe work practices workshop
- **March 17**- Hazard communication half-day workshop



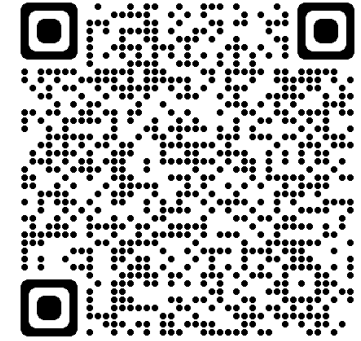
bwclearningcenter.com



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

VIRTUAL TRAINING MARCH

- **March 24** - Health hazards and toxicology fundamentals workshop
- **March 26** - Accident analysis half-day workshop
- **March 31** - Safety series workshop module 5: Electrical safety and LOTO basics



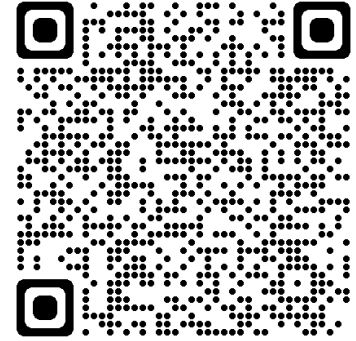
bwclearningcenter.com



In-person classes and virtual training classes (VTC) qualify for Safety Council rebate external training credits.

WEBINARS – FEBRUARY AND MARCH

- **February** – No webinars
- **March** – No webinars



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Webinars do not qualify
for Safety Council
rebate external training credits.

PRIVATE EMPLOYER IMPORTANT DATES – FEBRUARY AND MARCH

- **Feb. 28** - Self-Insured assessment payment due - first half
- **Feb. 28** - Self-Insured SI-40 due
- **March 31** - PA Claim Impact Reduction Program (CIRP) training requirement deadline
- **March 31** - PA Substance Use Prevention and Recovery (SUPR) annual report due for preceding July 1 start date
- **March 31** - PA Substance Use Prevention and Recovery (SUPR) Program application deadline for July 1, 2025, start date
- **March 31** - PA last date to request change in PY 2025 estimated annual payroll



PUBLIC EMPLOYER IMPORTANT DATES –FEBRUARY AND MARCH

- **Feb. 17** - PEC deadline to file settlement application (C-240) to impact EM
- **Feb. 28** - PEC PY 2025 payroll true-up report and payment deadline; there is no grace period
- **March 31** - PEC snapshot date for experience calculation

OFFICE OF SAFETY SERVICES – WE ARE HERE TO HELP

On-site safety consultations

Workplace hazard assessments

Ergonomics and process safety reviews

Industrial hygiene testing

Training and education courses

Grant opportunities for safety equipment



Dan Frederick

- Dan Frederick is a lifelong resident of Ayersville, Ohio. He worked as the business manager for the Defiance Medical Clinic for 21 years, and has served as a Firefighter/EMT with the Highland Township Fire Department, and is currently the Retired Chief of the Department and acting Deputy Chief. Dan has 37 years' experience in Public Safety.
- He joined the staff of Four County Career Center as a PT Public Safety instructor in 1995 and was hired as the FT Public Safety Coordinator in 2003.
- Dan is a current senior member of Ayersville School Board & their Foundation board with 12 years' experience. He and his wife Tracy live in Ayersville and have 2 children, daughter Tristen who is a nurse and son Eli who is in Agriculture.

Rick Busch

- Rich Busch is a resident of Van Wert, Ohio. He worked as a Millwright for General Motors for 30 years. While at GM, he also worked as a part of the industrial fire brigade and as a certified rescue technician on the emergency response team. He became certified as an EMT in 2001, and later gaining his firefighter certification, Advanced EMT, and certification as a Paramedic. He actively runs as a Paramedic with Middle Point FD.
- He became an EMS instructor in 2008 and started teaching at Four County Career Center in 2009. After retiring from GM in 2022, he became a FT Clinical Coordinator and Assistant Public Safety Coordinator at FCCC.
- Dan lives in Van Wert with his wife Candi, and they have 2 adult children and 3 grandchildren.

The background features abstract, overlapping green geometric shapes in various shades of green, creating a modern and dynamic look. The shapes are primarily located on the left and right sides of the slide, framing the central text.

Black Swamp Safety Council

February 17, 2026

First Aid in the Workplace

Safety in the Workforce with AHA CPR/AED/First Aid and Bloodborne Pathogens

► Presenters

Dan Frederick

Four County Career Center Public Safety Program Coordinator

Rick Busch

Four County Career Center Public Safety Assistant Coordinator

Disclosure

- This presentation is for informational and educational purposes only.
- The content reflects the presenter's understanding at the time of preparation.
- No part of this presentation should be considered legal, financial, or professional advice.
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Benefits of First Aid and CPR in the Workforce

- ▶ Save Lives - early CPR can double and triple survival rates
- ▶ Fast Response when an emergency does arise
- ▶ Workplace safety - awareness and hazards and prevention
- ▶ Early intervention - prevents injuries from getting worse
 - ▶ Less time off work
 - ▶ Faster recovery
 - ▶ Lower workers' compensation cost



Benefits of First Aid and CPR in the Workplace

- ▶ Cost effectiveness for employers
 - ▶ Medical Expenses
 - ▶ Insurance premiums
 - ▶ Loss of productivity



Benefits of First Aid and CPR in the Workplace

- ▶ Builds confidence and leadership
- ▶ Culture and Morale
- ▶ Legal compliance requirements
- ▶ Beyond the workplace environment
 - ▶ Employees will have the ability to help save lives in the home, public and the community they live



OSHA Requirements or not required

- ▶ In most workplaces CPR is not universally required
- ▶ OSHA does require CPR in the following industries:
 - ▶ Logging
 - ▶ Electric power generation and distribution
 - ▶ Permit required confined spaces
 - ▶ Specific construction standards



OSHA requirements or not required

- ▶ Recommends but does not mandate in other workplace environments
- ▶ OSHA does not certify recognized organizations like American Heart Association, American Red Cross
- ▶ If training is conducted must include a “hands on practice/training”
- ▶ Record keeping
 - ▶ Annual training or recommendations by provider organization
 - ▶ Renewal or retraining is a best practice suggestion

Fun Facts of CPR/First Aid

- ▶ CPR Rhythm is 100-120 beats per minute - the same tempo as the Bee Gee's "Stayin' Alive" or "Another One Bites the Dust" by Queen
- ▶ Formally developed in the 1960s
- ▶ Most cardiac arrest happen in the home or workplace, not hospitals
- ▶ AEDs are designed to be used by untrained people
- ▶ You will need your skills for a coworker or someone you know before a stranger
- ▶ Universal sign for choking is clutching the throat area known world wide
- ▶ Direct Pressure on a bleeding wound is the most effective mean of bleeding control

Fun Facts of CPR/First Aid

- ▶ Choking
- ▶ Quiz time! Get a prize!
- ▶ What is the number one food item that adults choke on?
- ▶ What is the number two food item that adults choke on?



Fun Facts about CPR/First Aid

- ▶ Choking
- ▶ Quiz and prize!
- ▶ What is the number one food that children choke on?
- ▶ What is the number two food that children choke on?



Signs and Symptoms of a Heart Attack

- ▶ Chest pain
- ▶ Arm pain
- ▶ Jaw pain
- ▶ Nausea
- ▶ Sweaty
- ▶ Shortness of breath
- ▶ Indigestion
- ▶ Feeling of doom
- ▶ Females and diabetics are different
- ▶ May have 1, or 2, or all of the symptoms

Signs and Symptoms of Stroke

- ▶ Numbness or tingling on one side
- ▶ Slurred speech
- ▶ Confusion
- ▶ Visual problems
- ▶ Unable to move one side or weakness on one side
- ▶ Headache
- ▶ Note the time of first sign of deficit

Remember... F.A.S.T.

Call 911

- ▶ Call 911
- ▶ Call 911
- ▶ Call 911



Adult CPR Review



Child CPR Review



Infant CPR Review



AED Review



Question?

- ▶ What is special about February besides Valentine's Day?

AHA Heart Month and Go Red for Women

- ▶ Each February is designate Heart Month from AHA
- ▶ To bring an awareness of CPR/Prevention/Education



AHA Heart Month and Go Red for Women

- ▶ Go Red for Women
- ▶ Brings awareness that women have heart conditions
- ▶ Women have different signs and symptoms

Life's Essential 8 for Women - AHA[™]

- ▶ Healthy Eating
- ▶ Move your Body
- ▶ Don't be toxic - tobacco use
- ▶ Sleep
- ▶ Weight
- ▶ Cholesterol
- ▶ Blood Sugar
- ▶ Blood Pressure

Conclusion

- ▶ It was a pleasure presenting to you today
- ▶ What a great group focused on SAFETY!
- ▶ What did you learn today?

THANK YOU!



Questions?

Questions?

&

Thank you!